

WEEK 2 MEAL PLAN

BEAUTYFROMBURNTTOAST

DAY 1

Veggie Peanut Noodles
(optional--add grilled
chicken)

DAY 2

Cilantro Lime Shrimp
Tacos
Optional: Quick cabbage
carrot slaw

DAY 3

Chili Mac
with
Ranch Salad

DAY 4

Ranch Chicken and
Cheese Hand Pies

DAY 5

Personalized Sheet Pan
Nachos