

WEEK 3 MEAL PLAN

BEAUTYFROMBURNTTOAST

DAY 1

Poor Mans Ramen

DAY 4

Crock Pot Chili
with
Corn Bread

DAY 2

Meatball Subs
and
Salad

DAY 5

Lemon Chicken over Egg
Noodles with Roasted
Broccoli

DAY 3

Shrimp and Bacon Pasta
with Lemon Wine Sauce